

## Karate Student Creed



I will develop myself in a positive manner avoiding anything that reduces my mental growth or my physical health.

I will develop self-discipline in order to bring out the best in myself and the best in others.

> I will use common sense before self-defense and never be abusive or offensive.

We are a Black Belt Leadership School! We are motivated. We are dedicated. We're on a quest to be our best.

The Karate Student Creed embodies the principles we consider important both in and out of the dojo. We recite the Creed at the beginning of our classes. Everyone in the dojo is requested to stand quietly and show respectful support of this spoken dedication. We provide opportunities to safely practice leading the Creed in front of class, which is one way our newest students can earn their red Leadership stripe.